



Hello! I'm Isabella (Izzy) Hemming

I'm an Education Mental Health Practitioner and started with WEST (Wellbeing and Emotional Support Teams) in February 2025.

I have worked in Mental Health Support Teams for the past 5 years. Prior to this I completed my Psychology degree at Bournemouth University.

I enjoy getting outside on dog walks with my cocker spaniel, Luna. I also enjoy reading, listening to music and spending time with friends and family.

I feel that taking care of our mental health and wellbeing is so important. The early intervention work WEST do is so vital and I thoroughly enjoy being able to provide a safe space to help child and young people learn and develop the skills to deal with life's challenges.

I'm excited to be working in school, to support the emotional wellbeing of children and young people.

My contact details are: whcnhs.mhtis-camhs@nhs.net

